North Somerset Post-16 Directory

Provision & Support Services for 16 to 18 Years

Post-16 Team, Education Partnerships

September 2022 to August 2023



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Staying in Education & Training after Year 11

All young people are required to stay in education, employment, or training until their 18th birthday. This is so that every young person gains the right knowledge and skills to move on to a successful career.

What are my options?

You can choose from:

- 1 | staying in full-time education at school or college
- 2| starting an apprenticeship or traineeship
- 3 | spending 20 hours or more a week working or volunteering while in part-time education or training

The pathway you choose will be based on what GCSE grades you achieve, how you like to learn and what you want to do in the future. If you do not achieve a Grade 4 in Maths and/or English GCSE then you will need to continue studying these subjects at a school, college, or training provider.

Getting Support

If you are still at school, you should meet with your Careers Adviser who will provide you with impartial advice and guidance about all the post-16 options in your local area. You can also speak with your tutors and other staff in school who know you well. They will help to advise you about the options that fit best with your abilities and interests.

The Post-16 Team

If you are 16 or 17 and not in education, employment or training, you can contact the Post-16 Team.

E-mail: neet@n-somerset.gov.uk or YES@n-somerset.gov.uk

Phone: 01275 884443

Facebook: https://www.facebook.com/NEETNorthSomerset

National Careers Service

You can also contact a qualified Careers Adviser at the National Careers Service.

Website: nationalcareersservice.direct.gov.uk

Phone: 0800 100 900

Careerpilot

Alternatively, you can look at Careerpilot for information and advice.

Website: careerpilot.org.uk

Special Educational Needs and Disabilities

If you have special educational needs or receive additional support at school, you should speak with your Special Educational Needs and Disabilities Co-ordinator (SENDCO) who can advise you about your next step. The SEN Team at North Somerset Council can be contacted as below.

E-mail: SEN.Team@n-somerset.gov.uk

Phone: 01275 884470

GCSE Current Grading Structure 2022-2023

What are the old equivalents of new GCSE grades?

Ahead of the 2017 GCSEs, the Government changed the GCSE grading system from:

A* to G, to a numerical system of 9 to 1 (9 being the top grade and 1 being the lowest).

As per the guide below, issued by the exams regulator Ofqual, the numerical system essentially works like this:

- 9 = High A* grade
- 8 = Lower A* or high A
- 7 = Lower A grade
- 6 = High B grade
- 5 = Lower B or high C also known as a Strong Pass
- 4 = Lower C grade also known as a Standard Pass
- 3 = D or high E
- 2 = Lower E or high F
- 1 = Lower F or G
- U = U remains the same

New grading structure	Current grading structure
9	Α*
8	A
7	А
6	В
5	
4	С
3	D
2	Е
	F
1	G
U	U

Qualification Levels

Entry Level

If you don't have any qualifications this is the place to start.

What courses can I do?

Foundation Learning or Traineeship

Level 1 | This is a good place to start if you are new to a subject and would like to improve your basic knowledge. You will need to have achieved GCSE grades 1 to 3 and show a willingness to learn.

What courses can I do?

Diploma Level 1, NVQ Level 1 or Traineeship

Level 2| As well as knowledge or experience of your subject, you'll also need four GCSEs at grades 1 to 4 or a Level 1 qualification. Some apprenticeships could have different entry criteria, and some Level 2 courses might require you to have an English and Maths GCSE at grade 4 or higher. It is possible to start at this level on a completely new subject to you – but this will depend on your GCSE grades.

What courses can I do?

GCSEs, Apprenticeship, BTEC Diploma Level 2 or NVQ/VRQ Level 2

Level 3 | With this level of qualification, you could progress to university/degree-level qualifications or get a good job. You will need a minimum of five GCSEs at grade 4 or above or a Level 2 vocational qualification, but some A Levels require more.

T Levels are new courses which follow GCSEs and are equivalent to 3 A levels. These 2-year courses, which launched September 2020, have been developed in collaboration with employers and businesses so that the content meets the needs of industry and prepares students for work, further training, or study. T Levels offer students a mixture of classroom learning and 'on-the-job' experience during an industry placement of at least 315 hours (approximately 45 days).

What courses can I do?

A Levels, BTEC Extended Diploma, NVQ/VRQ Level 3 or Advanced Apprenticeship

Level 4| These courses provide you with an in-depth study which will help you become a specialist in your chosen area. You will need Level 3 qualifications such as A Levels, an Extended Diploma, an Access Higher Education qualification, an NVQ/VRQ Level 3 or 120 UCAS points.

What course can I do?

Foundation Degree, Bachelor's/Honours Degree, Degree Apprenticeship or NVQ/VRQ Level 4

North Somerset School Sixth Forms

Backwell School:

Website: www.backwellschool.net
E-mail: mailbox@backwellschool.net

Phone: 01275 463371



Churchill Academy & Sixth Form

Website:www.churchill-academy.orgE-mail:churchill@churchill-academy.org

Phone: 01934 852771



Clevedon School

Website:www.clevedonschool.org.ukE-mail:office@clevedonschool.org.uk

Phone: 01275 876744



Gordano School

Website: <u>www.gordanoschool.org.uk</u> **E-mail:** mailbox@gordanoschool.org.uk

Phone: 01275 842606



Nailsea School

Website: www.nailseaschool.com
info@nailseaschool.com

Phone: 01275 852251



St Katherine's School

Website: www.st-katherines.n-somerset.sch.uk

E-mail: school@skdrive.org
Phone: 01275 373737



Winterstoke Hundred Academy

Website: www.winterstokehundredacademy.clf.uk

E-mail: wha-info@clf.uk **Phone:** 01934 313290



Further Education Colleges in North Somerset

Weston College

Website:www.weston.ac.ukE-mail:enquiries@weston.ac.uk

Phone: 01934 411411 **Admissions:** 01934 411481

Weston College Careers Advice Team

E-mail: <u>careersadvice@weston.ac.uk</u> **Phone:** 01934 411415 or 01934 411417



Other Colleges in the Local Area

Access Creative College: Central Bristol
Website: www.accesscreative.ac.uk

E-mail: admissions@accesstomusic.ac.uk

E-mail: charlie.grier@accesscreative.ac.uk

Phone: 0117 471 2398



Bristol Technology and Engineering Academy: Stoke Gifford, Bristol

Website: www.bteacademy.co.uk

E-mail: admissions@bteacademy.co.uk

Phone: 01179 838080



Bridgwater & Taunton College: Including Cannington Centre

Website: www.bridgwater.ac.uk
E-mail: info@bridgwater.ac.uk

Phone: 01278 441234



City of Bristol College: Parkway, Ashley Down, College Green, Hengrove Park SBSA

Website: www.cityofbristol.ac.uk
enquiries@cityofbristol.ac.uk

Phone: 0117 312 5000



Outdoor College: Nature-based Wellbeing & Outdoor Learning, Tickenham

Website: www.outdoorcollege.co.uk
E-mail: info@outdoorcollege.co.uk
Phone: 07714 209579/ 07464025646



South Gloucestershire and Stroud College: SGS previously known as Filton College

 Website:
 www.sgscol.ac.uk

 E-mail:
 info@sgscol.ac.uk

 Phone:
 0117 9312121



Youth Education Service (YES): Apply anytime for Maths & English Functional Skills, Old Market, Bristol

Website: www.youtheducationservice.org.uk

E-mail: <u>information@youtheducationservice.org.uk</u>

Phone: 0117 973 9744



Employment Information

Job Centres in North Somerset

Clevedon Jobcentre Plus

Address: Castlewood, Tickenham Road, Clevedon, North Somerset, BS21 6FW

Website: www.dwp.gov.uk **Phone:** 0800 169 0190

Weston Jobcentre Plus

Address: Regent House, High Street, Weston-super-Mare, North Somerset, BS23 1JH

Website: www.dwp.gov.uk **Phone:** 0800 169 0190

Job Websites

CV-Library: www.cv-library.co.uk
Indeed: www.indeed.co.uk
Jobsite: www.jobsite.co.uk
Wonster: www.monster.co.uk
NSC: www.n-somerset.gov.uk

Reed:www.reed.co.ukTotal Jobs:www.totaljobs.comUniversal:www.gov.uk/jobsearch

Newspapers (available to look at in Jobcentres)

Bridgwater Mercury

Bristol Post (jobs also advertised on their website: www.bristolpost.co.uk)

Cheddar Valley Gazette North Somerset Times Somerset County Gazette

Weston Mercury

North Somerset Vacancies

Check out our Facebook page for updates on education, employment, and training opportunities: https://www.facebook.com/NEETNorthSomerset

Traineeships

A Traineeship is a course designed for people between the ages of 16 and 24 who want to find a job or apprenticeship but don't have the right skills or experience.

What do Traineeships Include?

- Work preparation training which ensures you are ready and have confidence to take the first step in your career.
- Meaningful work experience which provides insight and experience of the world of work and makes
 you more attractive to potential employers.
- English and Maths support to help give you the literacy and numeracy skills needed for the workplace.

What are the Benefits of a Traineeship?

- A Traineeship will put you in a better position to compete for an Apprenticeship or a job.
- Traineeships give you the opportunity to build your CV and get vital experience with local and national employers.
- Improving your English and Maths skills will boost your chances of getting a job, as well as improving your long-term prospects and earning potential over your lifetime.

You can find out more about traineeships at: www.gov.uk/find-traineeship





Apprenticeships

Apprenticeships can help you enter the world of employment and start building a career from the age of 16. An apprenticeship is a real job where you learn, gain experience, and get paid. You're an employee with a contract of employment and holiday leave.

By the end of an apprenticeship, you'll have the right skills and knowledge needed for your chosen career. It can take between one and six years to complete an apprenticeship depending on which one you choose, what level it is and your previous experience. Apprenticeships are funded from contributions made by the government and your employer.

Each apprenticeship has a level and an equivalent education level. You can start an apprenticeship at any level. Depending on the level, some apprenticeships may require previous qualifications such as an English or Maths GCSE or give extra training in the English or Maths skills needed so you're at the right level. At the end of your apprenticeship, you'll achieve the equivalent education level. For example, if you complete a level 3 apprenticeship, you'll achieve the equivalent of an A level.

	Level	Equivalent Education level
Intermediate	2	GCSE
Advanced	3	A Level
Higher	4, 5, 6 and 7	Foundation Degree and Above
Degree	6 and 7	Bachelor's or Masters' Degree

If you think you need more skills and work experience before starting an apprenticeship, you can <u>find a traineeship</u> instead. You can find out more about apprenticeships at:

www.gov.uk/apply-apprenticeship



Work Based Training Providers

Babington: National Traineeship & Apprenticeship Provider

Website: http://www.babington.co.uk
kiera.evans@babington.co.uk

Phone: Kiera Evans: 07584 683985 or Claire Turley: 07341 566977

Bespoke Consultancy and Education: Health & Social Care Apprenticeships

Website:www.bcelearn.co.ukE-mail:info@bcecare.co.uk

Phone: 01275 627655

BiMM: Bristol Institute of Modern Music, Montpelier, Bristol

Website: www.bimm.co.uk

E-mail: admissions@bimm.co.uk

Phone: 03442 646666

Boomsatsuma: Creative, Video Production & Film Making: Bristol, Weston & Clevedon

Website: <u>www.boomsatsuma.com</u>

E-mail: www.education@boomsatsuma.com

Phone: 01179 428429

Bristol City Robins Foundation: Football Coaching, Sports & Gaming, Ashton Gate Stadium,

Merchants Academy & Ashton Park School

Website: www.bcfc.co.uk/robins-foundation/education/

E-mail: chris.stenner@bcfc.co.uk

Phone: 01179 630636

Circomedia: World-renowned Training Provider specialising in Contemporary Circus & Physical

Theatre: St Pauls Church, Portland Square, Bristol & Kingswood Estate, Kingswood, Bristol

Website:http://www.circomedia.comE-mail:admissions@circomedia.com

Phone: 01179 477288

CITB: Construction Industry Training Board

Website: www.citb.co.uk

E-mail: <u>myapprenticeship@citb.co.uk/</u> <u>kate.smith@citb.co.uk</u>

Phone: 0344 9944010 or 07720 037256

Coachmakers: Sport, Active Leisure, Health & Well-Being Apprenticeships & Courses at Knowle,

Bristol & Weston College

Website:www.weston.ac.uk/coachmakersE-mail:Theresa.strange@weston.ac.uk

Phone: 01934 411411

Work Based Training Providers

dBs Music: The Sound & Music Institute, Central Bristol

Website:www.dbsmusic.co.ukE-mail:enquiries@dbsmusic.co.uk

Phone: 0117 325 9290

Didac Limited: National Training Provider for Furniture & Wood Apprenticeships, Bristol

Website: www.didac.co.uk
E-mail: info@didac.co.uk
Phone: 0117.904.9377

HIT Training: National Training Provider for Hospitality & Leisure, Portishead

Website: www.hittraining.co.uk
E-mail: info@hittraining.co.uk

Phone: 0800 0935892

JTL: National Training Provider, Heating Engineering, Plumbing & Electrical Apprenticeships

Website: www.jtltraining.com

E-mail: <u>nikkicowan@jtltraining.com</u>

Phone: 0800 085 2308

Lifetime Training: National Training Provider
Website: https://lifetimetraining.co.uk/

E-mail: customerservices@lifetimetraining.co.uk

Phone: 0333 0143669

Military Preparation College Training: The Artillery Grounds, Whiteladies Road, Clifton

Website:www.mpct.co.ukE-mail:enquiries@mpct.co.uk

Phone: 0330 1113939

North Bristol NHS Trust: Health Care Apprenticeships

Website: www.nbt.nhs.uk/careers

E-mail: Apprenticeship.Enquiries@nbt.nhs.uk

Phone: 0117 9505050

On-Site Bristol: Construction Apprenticeships in Partnership with BCC, Create Centre, Bristol

Website: www.onsitebristol.co.uk
E-mail: onsitebristol@bristol.gov.uk

Phone: 0117 3521960

Work Based Training Providers

QA Apprenticeships: IT and Business Apprenticeships at Level 3, Central Bristol

Website: www.qa.com

E-mail: <u>myga.support@ga.com</u>

Phone: 0345 074 7995

Outdoor College: Nature-Based Learning & Wellbeing, Brown Rock Woodland, Tickenham

Website: www.outdoorcollege.co.uk
E-mail: info@outdoorcollege.co.uk

Phone: 07464025646

Prince's Trust: Employability, Life-Skills, Support for Setting Up Own Business, Bristol

Website: <u>www.princes-trust.org.uk</u>

E-mail: bristolcentre@princes-trust.org.uk

Phone: 0117 929 2300

Reflections Training Academy: Hairdressing & Barbering Apprenticeships, Colston St, Bristol

Website: <u>www.reflectionstraining.co.uk</u>

E-mail: <u>sami.wilson@reflectionstraining.co.uk</u>

Phone: 0117 9221440

S&B Automotive Academy: Bedminster, Bristol

Website: www.sandbaa.com

E-mail: contactus@sandbaa.com

zsnook@sandbaa.com

Phone: 0117 9533001

South West Apprenticeship Company: HQ West Quays, Gloucester

Website:www.theswac.org.ukE-mail:info@theswac.org.uk

Phone: 01452 733962

The Big Act: Professional Dance & Musical Theatre, Central Bristol

Website:www.thebigact.comE-mail:info@thebigact.com

Phone: 0117 2391274

YMCA: Bristol Lower Road, Weston-super-Mare

Website: https://www.ymca.org.uk/

E-mail: info@ymca-sc.org
Phone: 01934 629787

Post-16 Support Services in North Somerset

CAMHS: Based at Drove Road Child Development Centre, Weston & The Barn, Clevedon -

Referrals are made via a GP/School or Social Services

Website:www.awp.nhs.ukE-mail:awp.nscahms@nhs.net

E-mail: wnt-tr.childservicesthebarn@nhs.net

Phone: 0300 1256700 / 01934 881262 / 01934 426622

CAMHS Emergency Helpline *NEW*

Highly trained clinicians provide urgent advice and guidance to support young people in crisis, who may need to attend hospital. Non-urgent calls will be redirected to the CAMHS Getting Advice Team, who are available Monday to Friday 9am to 4.30pm.

E-mail: awp.camhsgettingadvice@nhs.net

Emergency Helpline: 0800 9539599

Carers Support Alliance: Young Carers Service
Website: www.alliancehomes.org.uk
E-mail: act@alliancehomes.org.uk

Phone: 03000 120120 (then choose option 3)

Creative Youth Network: Kingswood, Bristol

CYN work with young people from the ages of 11 to 19 to help them reach their potential

Website: <u>www.creativeyouthnetwork.org.uk</u> **E-mail:** info@creativeyouthnetwork.org.uk

Phone: 0117 9477948

Gambling: Addiction Recovery Agency
Website: www.recovery4all.co.uk

E-mail: <u>aragamblingservice@recovery4all.co.uk</u>

Phone: 03301 340286 or 0117 9300282 (if Bristol based)

Housing: Under-18s are not allowed to hold a tenancy in their own right

Contact: Homeless Prevention Team

Website: www.n-somerset.gov.uk/my-services/housing

E-mail: housing.advice@n-somerset.gov.uk

Phone: 01934 426330 for general advice

Junction 21 Mentoring Project: Support for young people at risk of offending and/or in LA Care

E-mail: junction21@n-somerset.gov.uk

Learning Partnership West: Information, Advice & Guidance with Engagement Workers, Bristol

Website: www.lpw.org.uk
E-mail: enquiries@lpw.org.uk

Phone: 0117 9873700

Off the Record: Mental Health Support, free and confidential

Website: www.otrnorthsomerset.org.uk

Substance Advice Service: AKA SAS

Website:www.n-somerset.gov.uk/sasE-mail:sas@n-somerset.gov.uk

Phone: 01275 888360

Post-16 Support Services in North Somerset

Team North Somerset/Releasing New Potential: West of England Works

Website: www.weston.ac.uk/teamnorthsomerset

E-mail: <u>sue.estcourt@weston.ac.uk</u>

Phone: 01934 411573

Turn2us: Charity offering Advice re Financial Issues, Including Benefits Calculator

Website: https://www.turn2us.org.uk/

Violence Reduction Unit: AKA VRU, Start to Finish Project

The VRU is a service for young people with complex needs to reduce violence/re-offending

Website: https://www.saferstrongerns.co.uk/our-services/violence-reduction-unit

Email: <u>vru@n-somerset.gov.uk</u>

Youth Inclusion and Support Project: AKA YISP

Website: <u>www.nsesp.org/services</u>

E-mail: YOSadmin@n-somerset.gov.uk

Phone: 01275 888360

Young Victims' Service: AKA YVS

Website: www.youngvictims.org.uk

E-mail: <u>youngvictims@n-somerset.gov.uk</u>

Phone: 01275 884488

Youth Offending and Prevention Service: AKA YOS

Website: www.nsesp.org/services

E-mail: YOSadmin@n-somerset.gov.uk

Phone: 01275 888360

YMCA: Bristol Lower Road, Weston-super-Mare

Website: https://www.ymca.org.uk/

E-mail: <u>info@ymca-sc.org</u> **Phone:** 01934 629787

Post-18 Provision & Support Services

Alliance Homes

If you are concerned about your housing, health, work, or financial situation please make contact to book an assessment. You do not have to be an Alliance Homes Tenant to access this service and it is free to over 18-year-olds.

Website:https://alliancehomes.org.ukE-mail:support@alliancehomes.org.uk

Phone: 03000 120 120, option 3

Clevedon and Weston Jobcentre Plus

Address: Castlewood, Tickenham Road, Clevedon, North Somerset, BS21 6FW

Address: Regent House, High Street, Weston-super-Mare, North Somerset, BS23 1JH

 Website:
 www.dwp.gov.uk

 Phone:
 0800 169 0190

Community Learning Courses: please note this is for 19+ only

Phone: 01934 426196 (Julie Evans)

Creative Youth Network: Kingswood, Bristol

CYN work with young people from the ages of 11 to 19 to help them reach their potential

Website: www.creativeyouthnetwork.org.uk
time info@creativeyouthnetwork.org.uk

Phone: 0117 9477948

Learning Partnership West: Information, Advice & Guidance with Engagement Workers, Bristol

Website: www.lpw.org.uk
E-mail: enquiries@lpw.org.uk

Phone: 0117 9873700

National Careers Service

Website: https://nationalcareers.service.gov.uk

Phone: 0800 100 900 or use webchat

Team North Somerset: TNS is an employment service for those facing multiple barriers to employment, education, or training

Website: www.teamnorthsomerset.org.uk
E-mail: sue.estcourt@weston.ac.uk
Phone: 01934 411573 or 07789 955353

The Prince's Trust: This trust is a youth charity that helps young people aged 11-30 get into jobs, education, and training.

E-mail: <u>bristolcentre@princes-trust.org.uk</u>

Website: www.princes-trust.org.uk

Phone: 0117 929 2300

Weston College

Website:www.weston.ac.ukE-mail:enquiries@weston.ac.uk

Phone: 01934 411411 **Admissions:** 01934 411481

Employment: 01934 411147 – please note this is for 19+ only

Mental Health Services

If you or someone you know requires immediate support, please contact one of the organisations below or NHS Direct on 111. If it is an emergency, call 999.

AWP (Avon and Wiltshire Partnership) 24/7 Response Line: This telephone line is open for people and children in crisis, 24 hours a day, 365 days a year. This service is for anyone who may be worried about their own or someone else's mental health. Dedicated staff will direct them to the team best able to meet their needs.

Phone: 0800 953 1919

CAMHS: Based at Drove Road Child Development Centre, Weston & The Barn, Clevedon - Referrals are made via a GP/School or Social Services

Website: www.awp.nhs.uk
E-mail: awp.nscahms@nhs.net

E-mail: wnt-tr.childservicesthebarn@nhs.net

Phone: 0300 1256700 or 01934 881262 or 01934 426622

CAMHS Emergency Helpline: Non-urgent calls will be redirected to:

E-mail: awp.camhsgettingadvice@nhs.net

Phone: 08009 539599

Childline: Free, confidential service for young people under 19

Website: www.childline.org.uk

Phone: 0800 1111 (the number will not show up on your phone bill)

Cruse Bereavement Care: A leading national charity for bereaved people, their services are provided by trained volunteers and are confidential and free.

 Website:
 www.cruse.org.uk

 Helpline:
 0808 808 1677

Grief Encounter: This service is free and available to anyone suffering a bereavement

Website: www.griefencounter.org.uk/
E-mail: grieftalk@griefencounter.org.uk/

Phone: 808 802 0111.

Kooth: Online Mental Wellbeing Service for Children & Young People, Counsellors are available up to 10pm every night, 365 days per year.

Website: www.kooth.com

Off the Record: AKA OTR provides free, confidential, and self-referral support for young people. OTR has now opened an offer of 1:1 and group work in North Somerset, including sessions such as Resilience Lab and Mind Aid.

Website: www.otrnorthsomerset.org.uk

Phone: 0808 808 9120. Email northsomerset@otrbristol.org.uk

Papyrus: UK Charity for the prevention of young suicide (under 35). It provides confidential support and advice to young people and anyone supporting them.

Website:https://papyrus-uk.orgE-mail:pat@papyrus-uk.org

Phone: 0800 068 4141 **Text:** 07786 209697

Mental Health Services

Samaritans: For anyone experiencing feelings of distress, including those that could lead to suicide

Website:www.samaritans.orgE-mail:jo@samaritans.org

Write an e-mail, sometimes writing down thoughts and feelings can help you understand them better.

Information: 0330 0945717 - open 24 hours per day, 365 days per year.

Phone: 116 123 for urgent support

School Nursing Service: The School Nursing team provide services to all children, young people (5-19+ years) and their families in North Somerset. They work closely with partner agencies and schools to provide education and support to children, young people, and their carers to protect them from harm and support them in making healthy lifestyle choices.

E-mail: nsomerset.schoolnurses@nhs.net

Phone: 01934 419339

Self-Injury Support: Support for women and girls. Free downloads.

Website: www.selfinjurysupport.org.uk

Phone: 0808 800 8088

Staying Safe: from suicidal thoughts - download a Safety Plan, with filmed support to complete one:

Website: https://stayingsafe.net/how to make a safety plan

The Safe Haven Crisis Centre: Provides a safe space for people in acute emotional distress, based in Weston. The centre is open seven days a week, between 6pm and midnight. People aged 16 and over can self-refer or be referred by a relevant professional or organisation.

Email: <u>refer.safehaven@nhs.net</u>

Phone: 01934 313 480

VitaMinds: This is a free service for 16+ where psychological well-being practitioners and therapists are available to help you find ways of coping better

Website: www.vitahealthgroup.co.uk/bnssg

E-mail: refer.bnssg@nhs.net
Phone: 0333 200 1893

Wanted Not Wasted Re-Frame: Free counselling and support service for children and young adults 5-18 who live in the Weston area

Website: www.wantednotwasted.wixsite.com wantednotwasted@gmail.com

Phone: 07588 512621 (Helen Roy)

Wellspring Counselling: Donation-based counselling service for ages 11 to 18

Website:www.wellspringcounselling.org.ukE-mail:director@wellspringcounselling.org.uk

Tel: 01275 810879

Winston's Wish: Emotional and practical bereavement support to children and young people up to the age of 25, their families and those who care for them

Website:www.winstonswish.orgE-mail:ask@winstonswish.org

Phone: 08088 020021

Mental Health Services

Young Minds Parent Helpline: Advice, emotional support and signposting for children and young people up to the age of 25.

Website: https://youngminds.org.uk/find-help/for-parents/parents-helpline/

Phone: 0808 802 5544

24/7 Support & Connect: This talking service is locally commissioned and staffed by experienced and registered counsellors, who offer immediate emotional support and connections to local organisations.

Phone: 0800 012 654

Survivors of Bereaved by Suicide: National telephone helpline, online community forum and email support. They offer a unique and distinct service for bereaved adults across the UK, run by the bereaved for the bereaved. Their helpline and groups are open to all survivors of bereavement by suicide aged 18 years and over.

Website: https://uksobs.org

E-mail: <u>email.support@uksobs.org</u>

Helpline: 0300 111506

For further information about relevant support services, you may wish to look through the North Somerset Mental Health & Wellbeing Directory of Services for Children & Young People:



North Somerset Mental Health Direc

Really Useful Links

Bristol Post-16 Provision

Bristol Post-16 Directory: www.bristol.gov.uk

Careers Research

 Careers Box:
 www.careersbox.co.uk

 Career Pilot:
 www.careerpilot.org.uk

 Careers Questionnaire:
 https://icould.com/buzz-quiz

Careers Advice: <u>www.icould.com</u>

National Careers Service: https://nationalcareers.service.gov.uk

Start: https://careers.startprofile.com

The Careers & Enterprise Company: www.careersandenterprise.co.uk
www.westofenglandlep.co.uk

Western Training Provider Network; www.wtpn.org.uk

Funding

Student Finance England: www.gov.uk/student-finance

Turn2uS Grant Search: www.turn2us.org.uk

Gap Year

Gap Year Advice: www.independentgapadvice.org

Higher Education

UCAS: www.ucas.com

Not Going to Uni: www.notgoingtouni.co.uk

Hinkley Point C, Bridgwater, Somerset; to find out more about relevant apprenticeships go to:

EDF Energy Apprenticeships: www.edfenergy.com/careers/early-careers

Training

Apprenticeships:www.gov.uk/apply-apprenticeshipTraineeships:www.gov.uk/find-traineeship

Volunteering

Somerset Wood Recycling: www.somersetwoodrecycling.co.uk

Voluntary Action North Somerset: www.vansweb.org.uk

This is not an exhaustive list of all the provision in the area. As this may change from time to time, we would advise that you contact providers directly for the most up-to-date information about courses and what they can offer. The aim of this document is to provide young people aged 16-18 with information about services they can access. This Directory has been produced by the Post-16 Team which is part of Education Partnerships at North Somerset Council.