



# *North Somerset Post-16 Directory*

Provision & Support Services for 16 to 18 Year-Olds

Post-16 Team, Education Inclusion Service

September 2021 to August 2022



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## Staying in Education & Training after Year 11

All young people are required to stay in education, employment, or training until their 18<sup>th</sup> birthday. This is so that every young person gains the right knowledge and skills to move on to a successful career.

### What are my options?

You can choose from:

- 1 | staying in full-time education at school or college
- 2 | starting an apprenticeship or traineeship
- 3 | spending 20 hours or more a week working or volunteering while in part-time education or training

The pathway you choose will be based on what GCSE grades you achieve, how you like to learn and what you want to do in the future. If you do not achieve a Grade 4 in Maths and/or English GCSE then you will need to continue studying these subjects at a school, college, or training provider.

### Getting Support

If you are still at school, you should meet with your Careers Adviser who will provide you with impartial advice and guidance about all the post-16 options in your local area. You can also speak with your tutors and other staff in school who know you well. They will help to advise you about the options that fit best with your abilities and interests.

### The Post-16 Team

If you are 16 or 17 and not in education, employment or training, you can contact the Post-16 Team.

**E-mail:** [neet@n-somerset.gov.uk](mailto:neet@n-somerset.gov.uk) or

**E-mail:** [YES@n-somerset.gov.uk](mailto:YES@n-somerset.gov.uk)

**Phone:** 01275 884443

**Facebook:** <https://www.facebook.com/NEETNorthSomerset>

### National Careers Service

You can also contact a qualified Careers Adviser at the National Careers Service.

**Website:** [nationalcareersservice.direct.gov.uk](http://nationalcareersservice.direct.gov.uk)

**Phone:** 0800 100 900

### Careerpilot

Alternatively, you can look at Careerpilot for information and advice.

**Website:** [careerpilot.org.uk](http://careerpilot.org.uk)

### Special Educational Needs and Disabilities

If you have special educational needs or receive additional support at school, you should speak with your Special Educational Needs and Disabilities Co-ordinator (SENDSCO) who can advise you about your next step. The SEN Team at North Somerset Council can be contacted as below.

**E-mail:** [SEN.Team@n-somerset.gov.uk](mailto:SEN.Team@n-somerset.gov.uk)

**Phone:** 01275 884470

## GCSE Current Grading Structure 2021-2022

### What are the old equivalents of new GCSE grades?

Ahead of the 2017 GCSEs, the Government changed the GCSE grading system from:

**A\* to G, to a numerical system of 9 to 1** (9 being the top grade and 1 being the lowest).

As per the guide below, issued by the exams regulator Ofqual, the numerical system essentially works like this:

- **9 = High A\* grade**
- **8 = Lower A\* or high A**
- **7 = Lower A grade**
- **6 = High B grade**
- **5 = Lower B or high C – also known as a Strong Pass**
- **4 = Lower C grade – also known as a Standard Pass**
- **3 = D or high E**
- **2 = Lower E or high F**
- **1 = Lower F or G**
- **U = U remains the same**

New grading structure	Current grading structure
9	A*
8	A
7	A
6	B
5	B
4	C
3	D
2	E
1	F
1	G
U	U

## Qualification Levels

### Entry Level

If you don't have any qualifications this is the place to start.

#### What courses can I do?

**Foundation Learning or Traineeship**

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**Level 1** | This is a good place to start if you are new to a subject and would like to improve your basic knowledge. You will need to have achieved GCSE grades 1 to 3 and show a willingness to learn.

#### What courses can I do?

**Diploma Level 1, NVQ Level 1 or Traineeship**

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**Level 2** | As well as knowledge or experience of your subject, you'll also need four GCSEs at grades 1 to 4 or a Level 1 qualification. Some apprenticeships could have different entry criteria, and some Level 2 courses might require you to have an English and Maths GCSE at grade 4 or higher. It is possible to start at this level on a completely new subject to you – but this will depend on your GCSE grades.

#### What courses can I do?

**GCSEs, Apprenticeship, BTEC Diploma Level 2 or NVQ/VRQ Level 2**

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**Level 3** | With this level of qualification, you could progress to university/degree-level qualifications or get a good job. You will need a minimum of five GCSEs at grade 4 or above or a Level 2 vocational qualification, but some A Levels require more.

T Levels are new courses which follow GCSEs and are equivalent to 3 A levels. These 2-year courses, which launched September 2020, have been developed in collaboration with employers and businesses so that the content meets the needs of industry and prepares students for work, further training, or study. T Levels offer students a mixture of classroom learning and 'on-the-job' experience during an industry placement of at least 315 hours (approximately 45 days).

#### What courses can I do?

**A Levels, BTEC Extended Diploma, NVQ/VRQ Level 3 or Advanced Apprenticeship**

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**Level 4** | These courses provide you with an in-depth study which will help you become a specialist in your chosen area. You will need Level 3 qualifications such as A Levels, an Extended Diploma, an Access Higher Education qualification, an NVQ/VRQ Level 3 or 120 UCAS points.

#### What course can I do?

**Foundation Degree, Bachelor's/Honours Degree, Degree Apprenticeship or NVQ/VRQ Level 4**

## North Somerset School Sixth Forms

### Backwell School:

**Website:** [www.backwellschool.net](http://www.backwellschool.net)  
**E-mail:** [mailbox@backwellschool.net](mailto:mailbox@backwellschool.net)  
**Phone:** 01275 463371



### Churchill Academy & Sixth Form

**Website:** [www.churchill-academy.org](http://www.churchill-academy.org)  
**E-mail:** [churchill@churchill-academy.org](mailto:churchill@churchill-academy.org)  
**Phone:** 01934 852771



### Clevedon School

**Website:** [www.clevedonschool.org.uk](http://www.clevedonschool.org.uk)  
**E-mail:** [office@clevedonschool.org.uk](mailto:office@clevedonschool.org.uk)  
**Phone:** 01275 876744



### Gordano School

**Website:** [www.gordanoschool.org.uk](http://www.gordanoschool.org.uk)  
**E-mail:** [mailbox@gordanoschool.org.uk](mailto:mailbox@gordanoschool.org.uk)  
**Phone:** 01275 842606



### Nailsea School

**Website:** [www.nailseaschool.com](http://www.nailseaschool.com)  
**E-mail:** [info@nailseaschool.com](mailto:info@nailseaschool.com)  
**Phone:** 01275 852251



### St Katherine's School

**Website:** [www.st-katherines.n-somerset.sch.uk](http://www.st-katherines.n-somerset.sch.uk)  
**E-mail:** [school@skdrive.org](mailto:school@skdrive.org)  
**Phone:** 01275 373737



### Winterstoke Hundred Academy

**Website:** [www.winterstokehundredacademy.clf.uk](http://www.winterstokehundredacademy.clf.uk)  
**E-mail:** [wha-info@clf.uk](mailto:wha-info@clf.uk)  
**Phone:** 01934 313290



## *Further Education Colleges in North Somerset*

### **Weston College**

**Website:** [www.weston.ac.uk](http://www.weston.ac.uk)  
**E-mail:** [enquiries@weston.ac.uk](mailto:enquiries@weston.ac.uk)  
**Phone:** 01934 411411  
**Admissions:** 01934 411481

### **Weston College Careers Advice Team**

**Careers Adviser:** Sally Beeb  
**Careers Adviser:** Lisa Hall  
**Careers Adviser:** Rob Muranda  
**E-mail:** [careersadvice@weston.ac.uk](mailto:careersadvice@weston.ac.uk)  
**Phone:** 01934 411415 or 01934 411417



## Other Colleges in the Local Area

### Access Creative College: *Central Bristol*

**Website:** [www.accesscreative.ac.uk](http://www.accesscreative.ac.uk)  
**E-mail:** [admissions@accesstomusic.ac.uk](mailto:admissions@accesstomusic.ac.uk)  
**E-mail:** [charlie.grier@accesscreative.ac.uk](mailto:charlie.grier@accesscreative.ac.uk)  
**Phone:** 0117 3329650



### Bristol Technology and Engineering Academy: *Stoke Gifford, Bristol*

**Website:** [www.bteacademy.co.uk](http://www.bteacademy.co.uk)  
**E-mail:** [admissions@bteacademy.co.uk](mailto:admissions@bteacademy.co.uk)  
**Phone:** 01179 838080



### Bridgwater & Taunton College: *Including Cannington Centre*

**Website:** [www.bridgwater.ac.uk](http://www.bridgwater.ac.uk)  
**E-mail:** [info@bridgwater.ac.uk](mailto:info@bridgwater.ac.uk)  
**Phone:** 01278 441234



### City of Bristol College: *Parkway, Ashley Down, College Green, Hengrove Park SBSA*

**Website:** [www.cityofbristol.ac.uk](http://www.cityofbristol.ac.uk)  
**E-mail:** [enquiries@cityofbristol.ac.uk](mailto:enquiries@cityofbristol.ac.uk)  
**Phone:** 0117 312 5000



### Outdoor College: *Nature-based Wellbeing & Outdoor Learning, Tickenham*

**Website:** [www.outdoorcollege.co.uk](http://www.outdoorcollege.co.uk)  
**E-mail:** [info@outdoorcollege.co.uk](mailto:info@outdoorcollege.co.uk)  
**Phone:** 07714 209579/ 07464025646



### South Gloucestershire and Stroud College: *SGS previously known as Filton College*

**Website:** [www.sgscol.ac.uk](http://www.sgscol.ac.uk)  
**E-mail:** [info@sgscol.ac.uk](mailto:info@sgscol.ac.uk)  
**Phone:** 0117 9312121



### Youth Education Service (YES): *Apply anytime for Maths & English Functional skills, Old Market, Bristol*

**Website:** [www.youtheducationservice.org.uk](http://www.youtheducationservice.org.uk)  
**E-mail:** [information@youtheducationservice.org.uk](mailto:information@youtheducationservice.org.uk)  
**Phone:** 0117 973 9744



## Employment Information

### Job Centres in North Somerset

#### Clevedon Jobcentre Plus

**Address:** Castlewood, Tickenham Road, Clevedon, North Somerset, BS21 6FW  
**Website:** [www.dwp.gov.uk](http://www.dwp.gov.uk)  
**Phone:** 0800 169 0190

#### Weston Jobcentre Plus

**Address:** Regent House, High Street, Weston-super-Mare, North Somerset, BS23 1JH  
**Website:** [www.dwp.gov.uk](http://www.dwp.gov.uk)  
**Phone:** 0800 169 0190

#### Job Websites

**CV-Library:** [www.cv-library.co.uk](http://www.cv-library.co.uk)  
**Indeed:** [www.indeed.co.uk](http://www.indeed.co.uk)  
**Jobsite:** [www.jobsite.co.uk](http://www.jobsite.co.uk)  
**Jobs.ac.uk:** [www.jobs.ac.uk](http://www.jobs.ac.uk)  
**Monster:** [www.monster.co.uk](http://www.monster.co.uk)  
**NSC:** [www.n-somerset.gov.uk](http://www.n-somerset.gov.uk)  
**Reed:** [www.reed.co.uk](http://www.reed.co.uk)  
**Total Jobs:** [www.totaljobs.com](http://www.totaljobs.com)  
**Universal:** [www.gov.uk/jobsearch](http://www.gov.uk/jobsearch)

**Newspapers** (available to look at in Jobcentres)

**Bridgwater Mercury**

**Bristol Post** (jobs also advertised on their website: [www.bristolpost.co.uk](http://www.bristolpost.co.uk))

**Cheddar Valley Gazette**

**North Somerset Times**

**Somerset County Gazette**

**Weston Mercury**

#### North Somerset Vacancies

Check out our Facebook page for updates on education, employment, and training opportunities:

<https://www.facebook.com/NEETNorthSomerset>

## Employment Information

### Opportunity North Somerset ~ Employment & Skills Hubs

Launched in May 2021, Employment & Skills Hubs are now available in library spaces for residents to gain advice and support on their next steps towards finding a new position or accessing courses and training.

North Somerset is home to a wide variety of services for anyone looking to learn new skills, build on existing talents, or receive support with employability or training. Residents can now access impartial advice about which available options will best suit their needs through the Opportunity North Somerset Hubs. The Employment & Skills Hubs provide residents with the opportunity to meet with providers one on one, find out more about wider services, and outline a pathway to progression.

The service covers five main areas:

- **Careers and job support**
- **Youth wellbeing and employment support**
- **Digital inclusion support**
- **Business start-up support**
- **Wellbeing Support**

Each Hub has a dedicated day, focusing on one of the above areas, and are available at the following libraries:

- **Weston Central Library**
- **For All Healthy Living Centre Library**
- **Clevedon Library**
- **Portishead Library**
- **Pill Library**

To find out how you can engage with the service, e-mail us on: [SkillsSupport@n-somerset.gov.uk](mailto:SkillsSupport@n-somerset.gov.uk)

To discover available services, find information on your local Hub, and enrol online, please visit: <https://bit.ly/3u2Qz62>

**Website:** [innorthsomerset.co.uk/skills-support/opportunitynorthsomerset](http://innorthsomerset.co.uk/skills-support/opportunitynorthsomerset)

**E-mail:** [skillssupport@n-somerset.gov.uk](mailto:skillssupport@n-somerset.gov.uk)



**Opportunity North Somerset**

# Traineeships

**A Traineeship is a course designed for people between the ages of 16 and 24 who want to find a job or apprenticeship but don't have the right skills or experience.**

## What do Traineeships Include?

- Work preparation training which ensures you are ready and have confidence to take the first step in your career.
- Meaningful work experience which provides insight and experience of the world of work and makes you more attractive to potential employers.
- English and Maths support to help give you the literacy and numeracy skills needed for the workplace.

## What are the Benefits of a Traineeship?

- A Traineeship will put you in a better position to compete for an Apprenticeship or a job.
- Traineeships give you the opportunity to build your CV and get vital experience with local and national employers.
- Improving your English and Maths skills will boost your chances of getting a job, as well as improving your long-term prospects and earning potential over your lifetime.

You can find out more about traineeships at: [www.gov.uk/find-traineeship](http://www.gov.uk/find-traineeship)

The logo for Traineeships features a stylized orange and yellow arc above the word "Traineeships" in a bold, black, sans-serif font.

# Apprenticeships

**Apprenticeships** can help you enter the world of employment and start building a career from the age of 16. An apprenticeship is a real job where you learn, gain experience, and get paid. You're an employee with a contract of employment and holiday leave.

By the end of an apprenticeship, you'll have the right skills and knowledge needed for your chosen career. It can take between one and six years to complete an apprenticeship depending on which one you choose, what level it is and your previous experience. Apprenticeships are funded from contributions made by the government and your employer.

Each apprenticeship has a level and an equivalent education level. You can start an apprenticeship at any level. Depending on the level, some apprenticeships may require previous qualifications such as an English or Maths GCSE or give extra training in the English or Maths skills needed so you're at the right level. At the end of your apprenticeship, you'll achieve the equivalent education level. For example, if you complete a level 3 apprenticeship, you'll achieve the equivalent of an A level.

	<b>Level</b>	<b>Equivalent Education level</b>
Intermediate	2	GCSE
Advanced	3	A Level
Higher	4, 5, 6 and 7	Foundation Degree and Above
Degree	6 and 7	Bachelor's or Master's Degree

If you think you need more skills and work experience before starting an apprenticeship, you can [find a traineeship](#) instead. You can find out more about apprenticeships at:

[www.gov.uk/apply-apprenticeship](http://www.gov.uk/apply-apprenticeship)



## *Work Based Training Providers*

### **Babington: *National Traineeship & Apprenticeship Provider***

**Website:** [babington.co.uk/](http://babington.co.uk/)

**E-mail:** [kiera.evans@babington.co.uk](mailto:kiera.evans@babington.co.uk)

**Phone:** Kiera Evans: 07584 683985 or Claire Turley: 07341 566977

### **Bespoke Consultancy and Education: *Health & Social Care Apprenticeships***

**Website:** [www.bcelearn.co.uk](http://www.bcelearn.co.uk)

**E-mail:** [info@bcecare.co.uk](mailto:info@bcecare.co.uk)

**Phone:** 01275 627 655

### **BiMM: *Bristol Institute of Modern Music, Montpelier, Bristol***

**Website:** [www.bimm.co.uk](http://www.bimm.co.uk)

**E-mail:** [admissions@bimm.co.uk](mailto:admissions@bimm.co.uk)

**Phone:** 03442 646666

### **Boomsatsuma: *Creative, Video Production & Film Making: Bristol, Weston & Clevedon***

**Website:** [www.boomsatsuma.com](http://www.boomsatsuma.com)

**E-mail:** [www.education@boomsatsuma.com](mailto:www.education@boomsatsuma.com)

**Phone:** 01179 428429

### **Bristol City Robins Foundation: *Football Coaching, Sports & Gaming, Ashton Gate Stadium, Merchants Academy & Ashton Park School***

**Website:** [www.bcfc.co.uk/robins-foundation/education/](http://www.bcfc.co.uk/robins-foundation/education/)

**E-mail:** [chris.stenner@bcfc.co.uk](mailto:chris.stenner@bcfc.co.uk)

**Phone:** 01179 630636

### **Circomedia: *World-renowned Training Provider specialising in Contemporary Circus & Physical Theatre: St Pauls Church, Portland Square, Bristol & Kingswood Estate, Kingswood, Bristol***

**Website:** [www.circomedia.com](http://www.circomedia.com)

**E-mail:** [admissions@circomedia.com](mailto:admissions@circomedia.com)

**Phone:** 0117 947 7288

### **CITB: *Construction Industry Training Board***

**Website:** [www.citb.co.uk](http://www.citb.co.uk)

**E-mail:** [myapprenticeship@citb.co.uk](mailto:myapprenticeship@citb.co.uk) / [kate.smith@citb.co.uk](mailto:kate.smith@citb.co.uk)

**Phone:** 0344 9944010 or 07720 037256

### **Coachmakers: *Sport, Active Leisure, Health & Well-Being Apprenticeships & Courses at Knowle, Bristol & Weston College***

**Website:** [www.weston.ac.uk/coachmakers](http://www.weston.ac.uk/coachmakers)

**E-mail:** [Theresa.strange@weston.ac.uk](mailto:Theresa.strange@weston.ac.uk)

**Phone:** 01934 411411

### **CMT: *Free Employability, Customer Service, Health & Social & CSCS Card Training, Weston***

**Website:** [www.cmtservices.co.uk](http://www.cmtservices.co.uk)

**Phone:** 07917 848765

## *Work Based Training Providers*

**Creative Youth Network: *Creative Courses & Support Services, Bristol***

**Website:** [www.creativeyouthnetwork.org.uk](http://www.creativeyouthnetwork.org.uk)

**E-mail:** [info@creativeyouthnetwork.org.uk](mailto:info@creativeyouthnetwork.org.uk)

**Phone:** 0117 9477948

**dBs Music: *The Sound & Music Institute, next to Cabot Circus, Bristol***

**Website:** [www.dbsmusic.co.uk](http://www.dbsmusic.co.uk)

**E-mail:** [enquiries@dbsmusic.co.uk](mailto:enquiries@dbsmusic.co.uk)

**Phone:** 0117 329290

**Didac Limited: *National Training Provider for Furniture & Wood Apprenticeships, Bristol***

**Website:** [www.didac.co.uk](http://www.didac.co.uk)

**E-mail:** [info@didac.co.uk](mailto:info@didac.co.uk)

**Phone:** 0117 904 9377

**HIT Training: *National Training Provider for Hospitality & Leisure, Portishead***

**Website:** [www.hittraining.co.uk](http://www.hittraining.co.uk)

**E-mail:** [info@hittraining.co.uk](mailto:info@hittraining.co.uk)

**Phone:** 0800 0935892

**JTL: *National Training Provider, Heating Engineering, Plumbing & Electrical Apprenticeships***

**Website:** [www.jtltraining.com](http://www.jtltraining.com)

**E-mail:** [nikkicowan@jtltraining.com](mailto:nikkicowan@jtltraining.com)

**Phone:** 0800 085 2308

**Learning Partnership West: *Information, Advice & Guidance with Engagement Workers, Bristol***

**Website:** [www.lpw.org.uk](http://www.lpw.org.uk)

**E-mail:** [enquiries@lpw.org.uk](mailto:enquiries@lpw.org.uk)

**Phone:** 0117 9873700

**Lifetime Training: *National Training Provider***

**Website:** [www.lifetimelearning.co.uk](http://www.lifetimelearning.co.uk)

**E-mail:** [customerservices@lifetimelearning.co.uk](mailto:customerservices@lifetimelearning.co.uk)

**Phone:** 0333 0143669

**Military Preparation College Training: *The Artillery Grounds, Whiteladies Road, Clifton***

**Website:** [www.mpct.co.uk](http://www.mpct.co.uk)

**E-mail:** [enquiries@mpct.co.uk](mailto:enquiries@mpct.co.uk)

**Phone:** 0330 1113939

**North Bristol NHS Trust: *Health Care Apprenticeships***

**Website:** [www.nbt.nhs.uk/careers](http://www.nbt.nhs.uk/careers)

**E-mail:** [Apprenticeship.Enquiries@nbt.nhs.uk](mailto:Apprenticeship.Enquiries@nbt.nhs.uk)

**Phone:** 0117 9505050

## *Work Based Training Providers*

**On-Site Bristol:** *Construction Apprenticeships in Partnership with BCC, Create Centre, Bristol*

**Website:** [www.onsitebristol.co.uk](http://www.onsitebristol.co.uk)  
**E-mail:** [onsitebristol@bristol.gov.uk](mailto:onsitebristol@bristol.gov.uk)  
**Phone:** 0117 3521960

**QA Apprenticeships:** *IT and Business Apprenticeships at Level 3, Central Bristol*

**Website:** [www.qa.com](http://www.qa.com)  
**E-mail:** [myqa.support@qa.com](mailto:myqa.support@qa.com)  
**Phone:** 0345 074 7995

**Outdoor College:** *Nature-Based Learning & Wellbeing, Brown Rock Woodland, Tickenham*

**Website:** [www.outdoorcollege.co.uk](http://www.outdoorcollege.co.uk)  
**E-mail:** [info@outdoorcollege.co.uk](mailto:info@outdoorcollege.co.uk)  
**Phone:** 07714 209579/ 07464025646

**Prince's Trust:** *Employability, Life-Skills, Support for Setting Up Own Business, Bristol*

**Website:** [www.princes-trust.org.uk](http://www.princes-trust.org.uk)  
**E-mail:** [bristolcentre@princes-trust.org.uk](mailto:bristolcentre@princes-trust.org.uk)  
**Phone:** 0117 929 2300

**Reflections Training Academy:** *Hairdressing & Barbering Apprenticeships, Colston St, Bristol*

**Website:** [www.reflectionstraining.co.uk](http://www.reflectionstraining.co.uk)  
**E-mail:** [sami.wilson@reflectionstraining.co.uk](mailto:sami.wilson@reflectionstraining.co.uk)  
**Phone:** 0117 9221440

**S&B Automotive Academy:** *Bedminster, Bristol*

**Website:** [www.sandbaa.com](http://www.sandbaa.com)  
**E-mail:** [contactus@sandbaa.com](mailto:contactus@sandbaa.com)  
**E-mail:** [zsnook@sandbaa.com](mailto:zsnook@sandbaa.com)  
**Phone:** 0117 9533001  
**Zoe Snook:** 07863 203196

**South West Apprenticeship Company:** *HQ West Quays, Gloucester*

**Website:** [www.theswac.org.uk](http://www.theswac.org.uk)  
**E-mail:** [info@theswac.org.uk](mailto:info@theswac.org.uk)  
**Phone:** 01452 733962

**The Big Act:** *Professional Dance & Musical Theatre Training at P-16 & P-18, Central Bristol*

**Website:** [www.thebigact.com](http://www.thebigact.com)  
**E-mail:** [info@thebigact.com](mailto:info@thebigact.com)  
**Phone:** 0117 2391274

**YMCA:** *Bristol Lower Road, Weston-super-Mare*

**Website:** <https://www.ymca.org.uk/>  
**E-mail:** [info@ymca-sc.org](mailto:info@ymca-sc.org)  
**Phone:** 01934 629787

## *Post-16 Support Services in North Somerset*

**CAMHS:** *Based at Drove Road Child Development Centre, Weston & The Barn, Clevedon - Referrals are made via a GP/School or Social Services*

**Website:** [www.awp.nhs.uk](http://www.awp.nhs.uk)  
**E-mail:** [awp.nscams@nhs.net](mailto:awp.nscams@nhs.net)  
**E-mail:** [wnt-tr.childservicesthebarn@nhs.net](mailto:wnt-tr.childservicesthebarn@nhs.net)  
**Phone:** 0300 1256700  
**Phone:** 01934 881262  
**Phone:** 01934 426622

### **CAMHS Emergency Helpline \*NEW\***

*Highly trained clinicians provide urgent advice and guidance to support young people in crisis, who may need to attend hospital. The emergency helpline is for use only in an emergency situation. Non-urgent calls will be redirected to the CAMHS Getting Advice Team, who are available Monday to Friday 9am to 4.30pm.*

**E-mail:** [awp.camhsgettingadvice@nhs.net](mailto:awp.camhsgettingadvice@nhs.net)  
**Emergency Helpline:** **0800 9539599**

### **Carers Support Alliance: *Young Carers Service***

**Website:** [www.alliancehomes.org.uk](http://www.alliancehomes.org.uk)  
**E-mail:** [act@alliancehomes.org.uk](mailto:act@alliancehomes.org.uk)  
**Phone:** 03000 120120 (then choose option 3)

### **Gambling: *Addiction Recovery Agency***

**Website:** [www.recovery4all.co.uk](http://www.recovery4all.co.uk)  
**E-mail:** [aragamblingservice@recovery4all.co.uk](mailto:aragamblingservice@recovery4all.co.uk)  
**Phone:** 03301 340286 or 0117 9300282 (if Bristol based)

### **Housing: *Under-18s are not allowed to hold a tenancy in own right***

**Contact:** Homeless Prevention Team  
**Website:** [www.n-somerset.gov.uk/my-services/housing](http://www.n-somerset.gov.uk/my-services/housing)  
**E-mail:** [housing.advice@n-somerset.gov.uk](mailto:housing.advice@n-somerset.gov.uk)  
**Phone:** 01934 426330 for general advice

### **Junction 21 Mentoring Project: *Support for young people at risk of offending and/or in LA Care***

**E-mail:** [junction21@n-somerset.gov.uk](mailto:junction21@n-somerset.gov.uk)

### **Off the Record: *Mental Health Support, free and confidential***

**Website:** [www.otrnorthsomerset.org.uk](http://www.otrnorthsomerset.org.uk)

### **Substance Advice Service: *AKA SAS***

**Website:** [www.n-somerset.gov.uk/sas](http://www.n-somerset.gov.uk/sas)  
**E-mail:** [sas@n-somerset.gov.uk](mailto:sas@n-somerset.gov.uk)  
**Phone:** 01275 888360

### **Team North Somerset/Releasing New Potential: *West of England Works***

**Website:** [www.weston.ac.uk/teamnorthsomerset](http://www.weston.ac.uk/teamnorthsomerset)  
**E-mail:** [sue.estcourt@weston.ac.uk](mailto:sue.estcourt@weston.ac.uk)  
**Phone:** 01934 411573

## *Post-16 Support Services in North Somerset*

**Turn2us:** *Charity offering Advice re Financial Issues, Including Benefits Calculator*

**Website:** <https://www.turn2us.org.uk/>

**Violence Reduction Unit:** *AKA VRU, Start to Finish Project*

*The VRU is a service for young people with complex needs to reduce violence/re-offending*

**Website:** <https://www.saferstrongerns.co.uk/our-services/violence-reduction-unit>

**Email:** [vru@n-somerset.gov.uk](mailto:vru@n-somerset.gov.uk)

**Youth Inclusion and Support Project:** *AKA YISP*

**Website:** [www.nsesp.org/services](http://www.nsesp.org/services)

**E-mail:** [YOSadmin@n-somerset.gov.uk](mailto:YOSadmin@n-somerset.gov.uk)

**Phone:** 01275 888360

**Young Victims' Service:** *AKA YVS*

**Website:** [www.youngvictims.org.uk](http://www.youngvictims.org.uk)

**E-mail:** [youngvictims@n-somerset.gov.uk](mailto:youngvictims@n-somerset.gov.uk)

**Phone:** 01275 884488

**Youth Offending and Prevention Service:** *AKA YOS*

**Website:** [www.nsesp.org/services](http://www.nsesp.org/services)

**E-mail:** [YOSadmin@n-somerset.gov.uk](mailto:YOSadmin@n-somerset.gov.uk)

**Phone:** 01275 888360

## Post-18 Provision & Support Services

### Alliance Homes

*If you are concerned about your housing, health, work, or financial situation please make contact to book an assessment. You do not have to be an Alliance Homes Tenant to access this service and it is free to over 18-year-olds.*

**Website:** <https://alliancehomes.org.uk>  
**E-mail:** [support@alliancehomes.org.uk](mailto:support@alliancehomes.org.uk)  
**Phone:** 03000 120 120, option 3

### Clevedon and Weston Jobcentre Plus

**Address:** Castlewood, Tickenham Road, Clevedon, North Somerset, BS21 6FW  
**Address:** Regent House, High Street, Weston-super-Mare, North Somerset, BS23 1JH  
**Website:** [www.dwp.gov.uk](http://www.dwp.gov.uk)  
**Phone:** 0800 169 0190

**CMT: Free online training such as Employability, Customer Service & CSCS Card, Weston**

**Website:** [www.cmtservices.co.uk](http://www.cmtservices.co.uk)  
**Phone:** 07917 848765

**Community Learning Courses: *please note this is for 19+ only***

**Phone:** 01934 426196 (Julie Evans)

**Creative Youth Network: Kingswood, Bristol**

*CYN work with young people from the ages of 11 to 19 to help them reach their potential*

**Website:** [www.creativeyouthnetwork.org.uk](http://www.creativeyouthnetwork.org.uk)  
**E-mail:** [info@creativeyouthnetwork.org.uk](mailto:info@creativeyouthnetwork.org.uk)  
**Phone:** 0117 9477948

### National Careers Service

**Website:** <https://nationalcareers.service.gov.uk>  
**Phone:** 0800 100 900 or use webchat

**Team North Somerset: *TNS is an employment service for those facing multiple barriers to employment, education, or training***

**Website:** [www.teamnorthsomerset.org.uk](http://www.teamnorthsomerset.org.uk)  
**E-mail:** [sue.estcourt@weston.ac.uk](mailto:sue.estcourt@weston.ac.uk)  
**Phone:** 01934 411573 or 07789 955353

**The Prince's Trust: This trust is a youth charity that helps young people aged 11-30 get into jobs, education, and training.**

**E-mail:** [bristolcentre@princes-trust.org.uk](mailto:bristolcentre@princes-trust.org.uk)  
**Website:** [www.princes-trust.org.uk](http://www.princes-trust.org.uk)  
**Phone:** 0117 929 2300

### Weston College

**Website:** [www.weston.ac.uk](http://www.weston.ac.uk)  
**E-mail:** [enquiries@weston.ac.uk](mailto:enquiries@weston.ac.uk)  
**Phone:** 01934 411411  
**Admissions:** 01934 411481  
**Employment:** 01934 411147 – please note this is for 19+ only

## Mental Health Services

If you or someone you know requires immediate support, please contact one of the organisations below or NHS Direct on 111. If it is an emergency, call 999.

**AWP (Avon and Wiltshire Partnership) 24/7 Response Line:** *This telephone line is open for people and children in crisis, 24 hours a day, 365 days a year. This service is for anyone who may be worried about their own or someone else's mental health. Dedicated staff will direct them to the team best able to meet their needs.*

Phone: 0800 953 1919

**CAMHS:** *Based at Drove Road Child Development Centre, Weston & The Barn, Clevedon - Referrals are made via a GP/School or Social Services*

Website: [www.awp.nhs.uk](http://www.awp.nhs.uk)

E-mail: [awp.nscahms@nhs.net](mailto:awp.nscahms@nhs.net)

E-mail: [wnt-tr.childservicesthebarn@nhs.net](mailto:wnt-tr.childservicesthebarn@nhs.net)

Phone: 0300 1256700 or 01934 881262 or 01934 426622

**CAMHS Emergency Helpline:** *Non-urgent calls will be redirected to:*

E-mail: [awp.camhsgettingadvice@nhs.net](mailto:awp.camhsgettingadvice@nhs.net)

Phone: **08009 539599**

**Childline:** *Free, confidential service for young people under 19*

Website: [www.childline.org.uk](http://www.childline.org.uk)

Phone: 0800 1111 (the number will not show up on your phone bill)

**Cruse Bereavement Care:** *A leading national charity for bereaved people, their services are provided by trained volunteers and are confidential and free.*

Website: [www.cruse.org.uk](http://www.cruse.org.uk)

Helpline: 0808 808 1677

**Grief Encounter:** *This service is free and available to anyone suffering a bereavement*

Website: [www.griefencounter.org.uk/](http://www.griefencounter.org.uk/)

E-mail: [griefftalk@griefencounter.org.uk](mailto:griefftalk@griefencounter.org.uk)

Phone: 808 802 0111.

**Kooth:** *Online Mental Wellbeing Service for Children & Young People, Counsellors are available up to 10pm every night, 365 days per year.*

Website: [www.kooth.com](http://www.kooth.com)

**Off the Record:** *AKA OTR provides free, confidential, and self-referral support for young people. OTR has now opened an offer of 1:1 and group work in North Somerset, including sessions such as Resilience Lab and Mind Aid.*

Website: [www.otrnorthsomerset.org.uk](http://www.otrnorthsomerset.org.uk)

Phone: 0808 808 9120. Email [northsomerset@otrbristol.org.uk](mailto:northsomerset@otrbristol.org.uk)

**Papyrus:** *UK Charity for the prevention of young suicide (under 35). It provides confidential support and advice to young people and anyone supporting them.*

Website: <https://papyrus-uk.org>

E-mail: [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)

Phone: 0800 068 4141

Text: 07786 209697

## Mental Health Services

**Samaritans:** *For anyone experiencing feelings of distress, including those that could lead to suicide*

**Website:** [www.samaritans.org](http://www.samaritans.org)

**E-mail:** [jo@samaritans.org](mailto:jo@samaritans.org)

*Write an e-mail, sometimes writing down thoughts and feelings can help you understand them better.*

**Information:** 0330 0945717 - open 24 hours per day, 365 days per year.

**Phone:** **116 123 for urgent support**

**School Nursing Service:** *The School Nursing team provide services to all children, young people (5-19+ years) and their families in North Somerset. They work closely with partner agencies and schools to provide education and support to children, young people, and their carers to protect them from harm and support them in making healthy lifestyle choices.*

**E-mail:** [nsomerset.schoolnurses@nhs.net](mailto:nsomerset.schoolnurses@nhs.net)

**Phone:** 01934 419339

**Self-Injury Support:** Support for women and girls. Free downloads.

**Website:** [www.selfinjurysupport.org.uk](http://www.selfinjurysupport.org.uk)

**Phone:** 0808 800 8088

**Staying Safe:** *from suicidal thoughts - download a Safety Plan, with filmed support to complete one:*

**Website:** [https://stayingSAFE.net/how\\_to\\_make\\_a\\_safety\\_plan](https://stayingSAFE.net/how_to_make_a_safety_plan)

**The Safe Haven Crisis Centre:** *Provides a safe space for people in acute emotional distress, based in Weston. The centre is open seven days a week, between 6pm and midnight. People aged 16 and over can self-refer or be referred by a relevant professional or organisation.*

**Email:** [refer.safehaven@nhs.net](mailto:refer.safehaven@nhs.net)

**Phone:** 01934 313 480

**VitaMinds:** *This is a free service for 16+ where psychological well-being practitioners and therapists are available to help you find ways of coping better*

**Website:** [www.vitahealthgroup.co.uk/bnssg](http://www.vitahealthgroup.co.uk/bnssg)

**E-mail:** [refer.bnssg@nhs.net](mailto:refer.bnssg@nhs.net)

**Phone:** 0300 200 1893

**Wanted Not Wasted Re-Frame:** *Free counselling and support service for children and young adults 5-18 who live in the Weston area*

**Website:** [www.wantednotwasted.wixsite.com](http://www.wantednotwasted.wixsite.com)

**E-mail:** [wantednotwasted@gmail.com](mailto:wantednotwasted@gmail.com)

**Phone:** 07588 512621 (Helen Roy)

**Wellspring Counselling:** *Donation-based counselling service for ages 11 to 18*

**Website:** [www.wellspringcounselling.org.uk](http://www.wellspringcounselling.org.uk)

**E-mail:** [krissie@wellspringcounselling.org.uk](mailto:krissie@wellspringcounselling.org.uk)

**Tel :** 01275 810879

**Winston's Wish:** *Emotional and practical bereavement support to children and young people up to the age of 25, their families and those who care for them*

**Website:** [www.winstonswish.org](http://www.winstonswish.org)

**E-mail:** [ask@winstonswish.org](mailto:ask@winstonswish.org)

**Phone:** 08088 020021

## *Mental Health Services*

**Young Minds Parent Helpline:** *Advice, emotional support and signposting for children and young people up to the age of 25.*

**Website:** <https://youngminds.org.uk/find-help/for-parents/parents-helpline/>

**Phone:** 0808 802 5544

**24/7 Support & Connect:** *This talking service is locally commissioned and staffed by experienced and registered counsellors, who offer immediate emotional support and connections to local organisations.*

**Phone:** 0800 012 654

**Survivors of Bereaved by Suicide:** *National telephone helpline, online community forum and email support. They offer a unique and distinct service for bereaved adults across the UK, run by the bereaved for the bereaved. Their helpline and groups are open to all survivors of bereavement by suicide aged 18 years and over.*

**Website:** <https://uksobs.org>

**E-mail:** [email.support@uksobs.org](mailto:email.support@uksobs.org).

**Helpline:** 0300 111506

## Really Useful Links

### **Bristol Post-16 Provision**

**Bristol Post-16 Directory:** [www.bristol.gov.uk](http://www.bristol.gov.uk)

### **Careers Research**

**Careers Box:** [www.careersbox.co.uk](http://www.careersbox.co.uk)

**Careers Near Here:** [www.careersnearhere.com](http://www.careersnearhere.com)

**Career Pilot:** [www.careerpilot.org.uk](http://www.careerpilot.org.uk)

**Careers Questionnaire:** [www.icould.com/buz-quiz](http://www.icould.com/buz-quiz)

**i-could Careers Advice:** [www.icould.com](http://www.icould.com)

**National Careers Service:** <https://nationalcareers.service.gov.uk>

**Plotr:** <https://careers.startprofile.com>

**The Careers & Enterprise Company:** [www.careersandenterprise.co.uk](http://www.careersandenterprise.co.uk)

**West of England LEP:** [www.westofenglandlep.co.uk](http://www.westofenglandlep.co.uk)

**Western Training Provider Network:** [www.wtpn.org.uk](http://www.wtpn.org.uk)

### **Funding**

**Student Finance England:** [www.gov.uk/student-finance](http://www.gov.uk/student-finance)

**Turn2u\$ Grant Search:** [www.turn2us.org.uk](http://www.turn2us.org.uk)

### **Gap Year**

**Gap Year Experience:** [www.gapyear.com](http://www.gapyear.com)

**Gap Year Advice:** [www.independentgapadvice.org](http://www.independentgapadvice.org)

### **Higher Education**

**UCAS:** [www.ucas.com](http://www.ucas.com)

**Not Going to Uni:** [www.notgoingtouni.co.uk](http://www.notgoingtouni.co.uk)

**Hinkley Point C, Bridgwater, Somerset; to find out more about relevant apprenticeships go to:**

**EDF Energy Apprenticeships:** [www.edfenergy.com/careers/early-careers](http://www.edfenergy.com/careers/early-careers)

### **Training**

**Apprenticeships:** [www.gov.uk/apply-apprenticeship](http://www.gov.uk/apply-apprenticeship)

**Traineeships:** [www.gov.uk/find-traineeship](http://www.gov.uk/find-traineeship)

### **Volunteering**

**Website:** [Volunteer.gov.uk](http://Volunteer.gov.uk)

**Website:** [Do-it.org](http://Do-it.org) (a database of UK volunteering opportunities)

**Somerset Wood Recycling:** [www.somersetwoodrecycling.co.uk](http://www.somersetwoodrecycling.co.uk)

**Voluntary Action North Somerset:** [www.vansweb.org.uk](http://www.vansweb.org.uk)

*This is not an exhaustive list of all the provision in the area. As this may change from time-to-time, we would advise that you contact providers directly for the most up-to-date information about courses and what they can offer. The aim of this document is to provide young people aged 16-18 with information about services they can access. This Directory has been produced by the Post-16 Team which is part of the Education Inclusion Service at North Somerset Council.*