

Remote Team Building

Certificate in Effective Team Member Skills

Based on your organisation's own vision and values, this two-day programme contains all of the elements to ensure your team members are operating as effectively and efficiently as possible - an excellent grounding for all employees in good working practices that will instill the importance of personal development, positive mental health and the use of a digital skillset.



Day 1

Team Working

- Understanding what the individuals' role and purpose in the "one team" company is
- Undertake a SWOT on the company/team performance
- Recognise where "self-leadership" has its benefits within the teams' performance
- Self-leadership in Problem Solving and Decision Making

Communication

- Understanding and demonstrating how to communicate effectively
- Understand your own communication preferences and how to get the best from others
- How digitalisation can improve communication within the workplace
- Current use of digital communication channels and the challenges faced with them

Conflict within a Team

- Discuss where does conflict can arise within the team and how to alleviate it
- Understanding how to deal with potential conflict in a team
- How team members can reduce conflict in the workplace

Day 2

Dignity at Work

- The employee's responsibilities
- Contributing to a positive working environment

Managing your own mental health to reduce workplace stress

- Understanding causes of stress and the impact on the team
- Sources of support to deal with stress

Assessment for this course is by a set of short-answer questions to be written, one before the course and one after each session.

This training is available through Skills Support for the Workforce (SSW), a programme developed to upskill employees within small and medium-sized enterprises (SMEs) in the West of England (Bristol, North Somerset, & South Gloucestershire), Swindon & Wiltshire, & Worcestershire. SSW is co-financed by the Education and Skills Funding Agency and the European Social Fund. HR Champions Ltd is part of Serco's network of training providers chosen to deliver the training in your area.

